

Frequently Asked Questions (FAQs) – New Georgia WIC Medical Documentation

Q. How often do WIC participants need to provide new medical documentation paperwork?

A. Both Form #1 and Form #2 must be renewed at least every 6 months. (*Revised July 2009*) New copies of Form #1 or #2 must also be provided at every certification, recertification, or midcertification appointment if the **date the authorized health care provider signed** the most recent medical documentation form is more than 30 days old at the time of the certification appointment.

Q. Do WIC participants need medical documentation to receive lactose-reduced milk or goat milk?

A. No. Medical documentation is not required for the issuance of lactose-reduced milk or goat milk.

Q. Which participants are allowed to receive whole milk on their WIC food packages?

A. Children ages 12 - 23 months old are allowed to receive whole milk. Children over age 2 and women are only allowed to receive whole milk if they classified in Food Package III – they must have a qualifying medical condition ***and*** be receiving a special formula or medical food (documented using Form #1).

Q. Can Registered Dietitians (RDs) sign medical documentation forms for use by Georgia WIC?

A. No. Only health care providers licensed to write medical prescriptions in the State of Georgia can sign WIC medical documentation forms (i.e., medical doctors, physician assistants, and nurse practitioners).

Q. Can a WIC CPA accept a verbal order for medical documentation?

A. Yes. A CPA may accept a verbal order. The CPA must document all details of the verbal order in the participant's WIC record and sign & date the documentation. Only one month of vouchers may be issued to the participant. The WIC clinic must receive written medical documentation within 2 weeks of the verbal order. No additional voucher may be issued until written medical documentation is received (e.g., cannot accept a 2nd verbal order).

Q. Who should CPAs contact for assistance with medical documentation questions?

A. Please contact your District's Nutrition Program Manager, Nutrition Services Director, or other designated representative within your District. If those District-level staff members need additional assistance, they should contact the Office of Nutrition at 404-657-2884.

Q. Which infants ages 6-11 months are eligible to receive more formula if they cannot tolerate solid foods?

A. Only infants who have a qualifying medical condition ***and*** who are receiving an "exempt infant formula" or a "medical food" are eligible to receive additional formula in place of solid foods, if medically indicated. Infants ages 6-11 months who are receiving a standard "infant formula" cannot receive additional formula even if they are unable to consume solid foods (e.g., are being tube-fed a standard infant formula).

Q. What are examples of qualifying conditions for issuing tofu, soy milk, or extra cheese on Form #2?

A. Tofu or Soy Milk = Lactose intolerance, vegan / vegetarian diet, milk protein allergy, religious / cultural reasons (e.g., Russian Orthodox). Extra Cheese = Lactose intolerance, underweight per BMI, inadequate weight gain during pregnancy, increased calorie needs due to a medical condition or illness.

Q. What are examples of non-specific medical diagnoses that cannot be accepted on Form #1?

A. Colic, milk allergy, multiple food allergies, spitting up, milk intolerance, formula intolerance, feeding problems, feeding difficulties, picky eater, poor appetite, inadequate intake, constipation, cramps, digestive disturbances, fussiness, gas. The following diagnoses must have another ***underlying medical condition*** present and documented: "underweight," "inadequate / poor weight gain," "inadequate / poor growth," and "feeding disorder." The Georgia WIC Program cannot accept any of these diagnoses alone – a more specific, primary medical condition **must** be present and listed among the diagnoses (e.g., Cerebral Palsy, Failure To Thrive, Oral-Motor Feeding Disorder, Prematurity, Dysphagia, etc.).